Psychoanalytic Clinical Consultation Groups

The Florida Psychoanalytic Center offers a group consultation program for clinicians of varying skill and experience levels who wish to learn or improve their work as psychoanalytic therapists or analysts. In these groups, analysts will offer live consultation to attendees who present clinical cases from their practices.

Groups will be offered for two levels of experience, an Introductory-to-Intermediate level and an Advanced level. Clinicians with any level of clinical experience and training may participate in the Introductory groups. In order to be eligible for the Advanced groups, an application must be completed that will consider number of clinical hours seeing patients in private practice, background in psychodynamic education, and psychodynamic individual supervision experience of the applicant.

Program Structure

Each consultation group will meet for six consecutive, weekly 90-minute sessions, usually on a weeknight, conducted by a local psychoanalyst(s). Each analyst facilitating a seminar will offer live consultation to attendees who present clinical cases.

Networking

In addition to enhancing psychoanalytic knowledge and clinical skills, the group offers a venue for attendees to meet other analytically oriented therapists and analysts and to potentially expand their collegial support networks and referral base. This collegial setting can feel vitalizing and supportive, especially given what can be the isolated nature of clinical practice.

Continuing Education Credits

CEUs and CMEs are offered for the Psychoanalytic Clinical Consultation Group, 1.5 credit per 90-minute meeting.

Eliaibility

These groups are open to licensed mental health professionals of all disciplines including psychiatry, psychology, social work, marriage and family therapy, and mental health counseling. The groups focus on the clinical practice of psychoanalytic psychotherapy, so it is preferred that the participants be currently practicing outpatient psychotherapy. Two levels will be offered, and eligibility will be based on specific criteria for each:

- Introductory-to-Intermediate Level: This group is tailored to therapists early in their learning
 about and experience with practicing psychodynamic psychotherapy who are seeking to learn in
 a safe, encouraging, and supportive environment. Applicants who have advanced knowledge in a
 different clinical orientation (e.g., CBT, DBT, school counseling, etc.) are appropriate for and
 welcome at this level.
- Advanced Level: This group is for therapists who have completed some level of formal learning
 in psychoanalytic/psychodynamic approaches, either through didactic training or individual
 supervision, and have a working knowledge of key psychoanalytic concepts (e.g., unconscious
 processes; transference/countertransference; defense mechanisms; dreams). Clinicians must
 also have at least 5000 hours of clinical experience seeing individual patients in outpatient
 therapy (5000 hours is roughly 20 clinical hours per week, 1000 hours per year, for 5 years).
 Previous experience in individual supervision and personal psychoanalytic therapy or
 psychoanalysis are preferred.

Tuition & Fees:

Tuition for the Psychoanalytic Clinical Consultation Group is \$240.00 per seminar (\$40.00 per meeting for 6 meetings). Tuition for the seminar is due at least one week before the seminar begins. The number of participants in each seminar will be limited. To ensure a spot, we suggest that you reserve as early as possible.

Contact

For more information, you may contact Dr. Gina Joy-Reyes at gmail.com or 954.243.8414