

Florida Psychoanalytic Center
Psychodynamic Psychotherapy Course (PPC) 2021-2022
Course Outline for Year 1: September 2021-May 2022

All Classes meet on Saturday afternoons from 2:00 until 5:00
at: The Florida Psychoanalytic Center Library or by Zoom
4649 Ponce de Leon Blvd. Suite 303
305.669.4353

Class format:

Class time is divided between discussion of the assigned readings, presentation of relevant clinical material by the instructor, and discussion of students' case material from their clinical work. Each student is asked to think about a case that is relevant to the class topic. Discussing cases is the most effective means of illustrating immediate clinical application of the class topic. Presentation of cases is meant to be informal. Students who are not currently seeing patients can draw on past clinical work.

Course Outline and Schedule:

Class 1
Sept 18, 2021

Introduction to Core Psychodynamic Concepts and Major Theoretical Frameworks in Psychoanalysis and Psychoanalytic Psychotherapy

This class will provide an overview of five major theoretical traditions within psychoanalysis: Classical, Ego Psychology, Object Relations, Self-Psychology, and Relational Psychoanalysis. Students should gain a beginning understanding of differences and similarities among these various theoretical perspectives on the workings of the human mind.

Eugenio Duarte, Ph.D. and Kate Prendiville, L.C.S.W.

Class 2
Oct. 2, 2021

The Evaluation Phase.

This class will discuss how to approach and conduct the initial evaluation sessions with a new patient. Specific areas to focus on in evaluation will be outlined. Technique in initial sessions will be discussed. Case formulation and recommendation of treatment to the patient will also be discussed.

Penny Freedman, Ph.D.

Class 3
Oct. 16, 2021

Beginning the Treatment

This class will cover the beginning of the treatment after the evaluation is completed and a recommendation has been made. Setting the frame will be discussed, including frequency, session length, fees, and explaining the process of treatment. Resistance in the early phase of treatment will be discussed.

Gretchen Suarez, L.M.H.C

Class 4
Oct. 30, 2021

Defenses

This class will discuss the concept of defense and the function of defensive processes in the human mind. Techniques involved in analysis of defenses will also be discussed.

Gennifer Lane Briggs, L.C.S.W.

Class 5
Nov. 6, 2021.

Transference and Countertransference

Rescheduled-Make up May 14th

- Class 6
Nov. 20, 2021 **Conflict and Compromise Formation.**
This class will discuss the concept of conflict in depth. Conflict as a foundational concept in psychoanalytic thinking and working will be elaborated. Compromise formations as solutions to problems of intrapsychic conflict will also be covered.
Dan Sheridan, Ph.D.
- Class 7
Dec 11, 2021 **Attachment and Object Relations Theories of Infancy and the First Three Years of Life**
This class examines object relations conceptions of infancy that extend but also contrast to Freud's. The ideas of Klein, Winnicott, and Fairbairn concerning the first three years of life will be covered. Clinical application of these conceptualizations of the pre-Oedipal years will be presented.
Alessandra Barroso, L.M.H.C.
- Class 8
Jan. 8, 2022 **The Oedipal Phase**
This class explores classical views and more contemporary perspectives of this nodal developmental phase, the shift from dyadic to triadic relationships, its impact in terms of gender and sexual identity, superego development, the positive and negative oedipal, and issues around competition and rivalry.
Gennifer Lane Briggs, L.C.S.W
- Class 9
Jan 29, 2022 **Latency and Pre-Adolescence**
This class explores the under-recognized importance of the latency phase of development where attention is focused on the development of physical, cognitive and social skills with peers and when in the final part of latency, physiological and hormonal shifts and accompanying emotional changes begin to occur.
Juan René Geadá, M.D.
- Class 10
Feb 12, 2022 **Adolescence**
This class covers the concepts of the second individuation in adolescence. It covers identity formation, how gender identity is re-worked, the development of abstract thinking, separation from internalized parents and the turn to peers.
Stefania Prendes-Alvarez, M.D.
- Class 11
Feb 26, 2022 **Affect Regulation and Mentalization**
This class addresses these two crucial aspects of self development. Issues of regulating one's internal experience of emotion, appreciating the elusiveness of affects, and difficulties understanding their meanings are discussed. The development of the capacity to mentalize, i.e., reflective functioning, is discussed, as is the effect of trauma in disrupting this process.
Sheri Ashcraft, Psy.D.
- Class 12
Mar 12, 2022 **Relational Psychoanalysis**
This class will introduce the major theoretical underpinnings of the relational approach to psychotherapy and psychoanalysis. Relational notions of the unconscious, self-states, dissociation, co-creation, and the therapeutic relationship will be covered. Clinical examples will be presented.
Luly Casares, Ph.D.

Class 13
April 2, 2022

Narcissism

This class will explore the major trends in the evolving psychoanalytic theories, from the theory of drive and psychic structure to ego psychology and object relations, to self-psychology and the more recent interpersonal school and intersubjectivity. The central characteristics of narcissism, such as shame, envy, and perfectionism will be discussed.

Sergio Badel, M.D.

Class 14
Apr 23, 2022

Dreams and Working with Dreams in the Clinical Encounter

*In this class, we will read one of Freud's most important papers, *The Interpretation of Dreams*, to introduce you both to the direct clinical writing of Freud and to his ideas about the role of dreams in unconscious process and clinical work. Clinical approaches to working with patients' dreams will be discussed. Clinical cases to illustrate dream analysis will be presented.*

Manuela Menendez, Psy.D.

Class 15
May 7, 2022

The Development of the Capacity to Love and Love Triangles.

This class will explore how the capacity to love develops over time and how it is derailed at different developmental stages. It will cover common disorders of falling and remaining in love. The case of a man in a love triangle, who felt literally "torn " by two loves, and the resolution of the love disorder through psycho-dynamic psychotherapy will be presented. Love disorders have disrupted the cultural and political life of our nation and psychoanalytic insight into love is therefore essential to all therapy."

Stefan Pasternak, M.D.

May 14, 2022

Transference and Countertransference

This class will introduce the concepts of transference and countertransference and will demonstrate their manifestations in the clinical situation. The technique and importance of analysis of the transference and analysis of the counter-transference will also be discussed. Use of one's own countertransference reactions as data in the clinical situation will be covered.

Julissa Senices, Ph.D.