Florida Psychoanalytic Center

Psychodynamic Psychotherapy Course (PPC) 2019-2021
Course Outline for Year 1: September, 2019 – June, 2020

All Classes meet on Saturday afternoons from 2:00 until 5:00
at: The Florida Psychoanalytic Center Library
4649 Ponce de Leon Blvd. Suite 303
305.669.4353

Class format:
Class time is divided between discussion of the assigned readings and presentation of relevant clinical material by the instructor, and discussion of students’ case material from their clinical work. Each student is asked to think about a case that is relevant to the class topic. Discussing cases is the most effective means of illustrating immediate clinical application of the class topic. Presentation of cases is meant to be informal. Students who are not currently seeing patients can draw on past clinical work.

Course Outline and Schedule:

Class 1
Sept 07, 2019  Introduction to Core Psychoanalytic Concepts and Major Theoretical Frameworks
This class will provide an overview of 5 major theoretical traditions within psychoanalysis: Classical, Ego, Psychology, Object Relations, Self-Psychology, and Relational Psychoanalysis. Students should gain a beginning understanding of differences and similarities among these various theoretical perspectives on the workings of the human mind.
Lynne Harkless, Ph.D., Lourdes Casares, Ph.D.

Note: Scientific Meeting September 21, 2019 – John Hartman, Ph.D.

Class 2
Sept. 28, 2019  The Evaluation Phase
This class will discuss how to approach and conduct the initial evaluation sessions with a new patient. Specific areas to focus on in evaluation will be outlined. Technique in initial sessions will be discussed. Case formulation and recommendation of treatment to the patient will also be discussed.
Saida Koita, M.D.

Class 3
Oct. 12, 2019  Beginning the Treatment
This class will cover the beginning of the treatment after the evaluation is completed and a recommendation has been made. Setting the frame will be discussed, including frequency, session length, fees, and explain the process of treatment. Resistance in the early phase of treatment will be discussed.
Gina Joy-Reyes, Psy.D.

Class 4
Oct 26, 2019  Defenses
This class will discuss the concept of defense and the function of defensive processes in the human mind. Techniques involved in analysis of defenses will also be discussed.
Gennifer Lane Briggs, L.C.S.W.
Class 5  
Nov 09, 2019  
**Transference**

This class will introduce the concept of transference and will demonstrate its manifestations in the clinical situation. The technique and importance of analysis of the transference will also be discussed.  
Penny Freedman, Ph.D.

**Note:** Scientific Meeting November 20, 2019 – Axel Hoffer, M.D.

Class 6  
Dec 07, 2019  
**Countertransference**

This class will introduce the concept of counter-transference and will demonstrate its manifestations in the clinical situation. The technique and importance of analysis of the counter-transference will also be discussed. Use of one’s own countertransference reactions as data in the clinical situation will be covered.  
Julissa Senices, Ph.D.

Class 7  
Jan 11, 2020  
**Conflict and Compromise Formation**

This class will discuss the concept of conflict in depth. Conflict as a foundational concept in psychoanalytic thinking and working will be elaborated. Compromise formations as solutions to problems of intrapsychic conflict will also be covered.  
Julio Calderon, M.D.

**Note:** Scientific Meeting January 25, 2020 – Ellen Pinsky, Psy.D.

Class 8  
Feb. 1, 2020  
**Psychoanalytic views of Infancy/First 3 Years**

This class examines modern and object relations conceptions of infancy that extend but also contrast to Freud’s. The ideas of Klein, Winnicott and Fairbairn concerning the first three years of life will be covered as well as some attachment theory. Clinical application of the conceptualizations of the pre-Oedipal years will be presented.  
Kate Prendiville, L.C.S.W., Shirley Malove, Ph.D.

Class 9  
Feb 22, 2020  
**The Oedipal Phase**

This class explores classical views and more contemporary perspectives of this nodal developmental phase, the shift from dyadic to triadic relationships, its impact in terms of gender and sexuality identity, superego development, the positive and negative oedipal, and issues around competition and rivalry.  
Meyrav Barak, L.M.H.C.

Class 10  
Mar 07, 2020  
**Adolescence**

This class covers the concepts of the second individuation in adolescence. It covers identity formation, how gender identity is re-worked, the development of abstract thinking, separation from internalized parents and the turn to peers  
Alessandra Borroso, L.M.H.C.
Enactment
This class will introduce the concept of enactment, its inevitability in clinical work and in allowing us to more deeply understand our patients when understood and its theoretical foundations. Relational notions of unconscious, dissociation, co-creation, and the therapeutic relationship will be covered. Clinical examples will be presented.
Manuela Menendez, Psy.D.

Note: Scientific Meeting March 28, 2019 – Richard Zeitner, Ph.D.

Dreams as a way to organize clinical material
In this class, we will discuss the importance of dreams and introduce you to the ideas the role of dreams in unconscious process and clinical work. Clinical approaches to working with patients dreams will be discussed. Clinical cases to illustrate dream analysis will be presented.
Fred Levine, Ph.D., John Hartman, Ph.D.

2:00-3:30 Self esteem/shame conflicts
The relationship between shame and narcissism will be discussed. Conceptualizations of shame, shame as affect, defenses against shame, and technique with shame dynamics will be covered.
Sergio Badel, M.D.

3:30-5:00 Principles of Interpretation
This class will use clinical vignettes to illustrate the principles of technique in formulating and articulation the content of an interpretive intervention. The art and skill of interpretation remains at the core of clinical psychotherapeutic and psychoanalytic work even in our theoretically diverse world.
Stuart Rostant, M.D

Introduction to Intersubjectivity in Psychoanalysis
This course is intended to provide an introduction to the basic concepts of intersubjectivity in psychoanalysis. The course reviews the historical development of intersubjectivity and the implications of the concept of intersubjectivity for contemporary psychoanalytic theory and practice.
Marv Logel, Ph.D.

Year End Panel Discussion (Faculty TBA)
This format for this class is different form other PPC classes. This special second annual year-end class will be open to other therapists form the community at large. A panel of 2-4 analysts will listen to students present cases just as one would present in individual supervision. Each analyst will conceptualize the case and offer possibilities for intervention based on their unique theoretical leanings and personal analytic styles. The material for the class is dependent on the students having cases in mind to discuss. Cases do not need to be prepared formally. They can be presented informally, just as one would in individual supervision. The purpose of this class is to show how psychoanalytic concepts can be immediately relevant to the students’ daily clinical work and to help students in developing their own identity as clinicians by offering experiential exposure to a wide array of clinical identities within psychoanalysis.
PPC Graduates will receive their certificates and refreshments will be served.