Florida Psychoanalytic Center  
Psychodynamic Psychotherapy Course (PPC) 2017-2019  
Course Outline for Year 1: September, 2017 – May, 2018

All Classes meet on Saturday afternoons from 2:00 until 5:00  
at: The Florida Psychoanalytic Center Library  
4649 Ponce de Leon Blvd. Suite 303  
305.669.4353

Class format:
Class time is divided between discussion of the assigned readings, presentation of relevant clinical material by the instructor, and discussion of students’ case material from their clinical work. Each student is asked to think about a case that is relevant to the class topic. Discussing cases is the most effective means of illustrating immediate clinical application of the class topic. Presentation of cases is meant to be informal. Students who are not currently seeing patients can draw on past clinical work.

Course Outline and Schedule:

Class 1
Sept 09, 2017  
Introduction to Core Psychoanalytic Concepts and Major Theoretical Frameworks in Psychoanalysis and Psychoanalytic Psychotherapy.  
This class will provide an overview of 5 major theoretical traditions within psychoanalysis: Classical, Ego Psychology, Object Relations, Self-Psychology, and Relational Psychoanalysis. Students should gain a beginning understanding of differences and similarities among these various theoretical perspectives on the workings of the human mind.  
Lynne Harkless, Ph.D., Gina Joy Reyes, Psy.D., Michelle Paley, M.D.

Class 2
Sept. 23, 2017  
Dreams and Working With Dreams in the Clinical Encounter  
In this class, we will read one of Freud’s most important papers, The Interpretation of Dreams, to introduce you both to the direct clinical writing of Freud and to his ideas about the role of dreams in unconscious process and clinical work. Clinical approaches to working with patients’ dreams will be discussed. Clinical cases to illustrate dream analysis will be presented.  
Manuela Menendez, Psy.D., Gina Joy Reyes, Psy.D.

Note: October 7, Latin American Outreach Event, Merienda

Class 3
Oct. 14, 2017  
The Evaluation Phase.  
This class will discuss how to approach and conduct the initial evaluation sessions with a new patient. Specific areas to focus on in evaluation will be outlined. Technique in initial sessions will be discussed. Case formulation and recommendation of treatment to the patient will also be discussed.  
Gail Eisenberg, M.D.

Note: Scientific Meeting, October 21 - Axel Hoffer

Class 4
Oct 28, 2017  
Defenses.  
This class will discuss the concept of defense and the function of defensive processes in the human mind. Techniques involved in analysis of defenses will also be discussed.  
Gennifer Lane Briggs, L.C.S.W.
Class 5  
Nov 11, 2017  
**Beginning the Treatment**  
This class will cover the beginning of the treatment after the evaluation is completed and a recommendation has been made. Setting the frame will be discussed, including frequency, session length, fees, and explaining the process of treatment. Resistance in the early phase of treatment will be discussed.  
Karen Dainer-Best, Ph.D., Adriana Rosen, Ph.D.

**Note:**  
Scientific Meeting December 2 – Donald Moss

Class 6  
Dec 09, 2017  
**Transference.**  
This class will introduce the concept of transference and will demonstrate its manifestations in the clinical situation. The technique and importance of analysis of the transference will also be discussed.  
Ellen Helman, L.C.S.W., Alessndra Borroso, L.M.H.C.

Class 7  
Jan, 13, 2018  
**Countertransference.**  
This class will introduce the concept of counter-transference and will demonstrate its manifestations in the clinical situation. The technique and importance of analysis of the counter-transference will also be discussed. Use of one’s own countertransference reactions as data in the clinical situation will be covered.  
Julissa Senices, Ph.D.

Class 8  
Jan 27, 2018  
**Conflict and Compromise Formation.**  
This class will discuss the concept of conflict in depth. Conflict as a foundational concept in psychoanalytic thinking and working will be elaborated. Compromise formations as solutions to problems of intrapsychic conflict will also be covered.  
Saida Koita, M.D.

Class 9  
Feb 10, 2018  
**Object Relations Theories of Infancy and the First Three Years of Life**  
This class examines object relations conceptions of infancy that extend but also contrast to Freud’s. The ideas of Klein, Winnicott and Fairbairn concerning the first three years of life will be covered. Clinical application of these conceptualizations of the pre-Oedipal years will be presented.  
Kate Prendiville, L.C.S.W

Class 10  
Feb 24, 2018  
**The Oedipal Phase**  
This class explores classical views and more contemporary perspectives of this nodal developmental phase, the shift from dyadic to triadic relationships, its impact in terms of gender and sexual identity, superego development, the positive and negative oedipal, and issues around competition and rivalry.  
Julio Calderon, M.D.

**Note:**  
Scientific Meeting March 10 – Kathryn Zerbe
Class 11  
Mar 17, 2018  
**Latency and Pre-Adolescence**  
This class explores the under-recognized importance of the latency phase of development where attention is focused on the development of physical, cognitive and social skills with peers and when in the final part of latency, physiological and hormonal shifts and accompanying emotional changes begin to occur.  
Juan Rene Geada, M.D., Sergio Badel, M.D.

Class 12  
Mar 24, 2018  
**Adolescence**  
This class covers the concepts of the second individuation in adolescence. It covers identity formation, how gender identity is re-worked, the development of abstract thinking, separation from internalized parents and the turn to peers.  
Stuart Rostant, M.D.

Class 13  
Apr 14, 2018  
**Group Considerations and Individual Clinical Work**  
The purpose of this class is to review some psychoanalytic concepts of group psychology in order to lay the foundation for approaching group considerations in clinical work. In particular, in the first part of the class we will review the views of Freud and Bion on group psychology and the appearance of the authoritarian leader. In the second part of the class we will take up the issue of racial prejudice as it appears in clinical work. In both parts, the material will be directly focused on clinical practice, and specifically on understanding manifestations of defense in individual and group settings.  
Fred Levine, Ph.D., John Hartman, Ph.D.

**Note:** April 28, Scientific Meeting – Dianne Elise

Class 14  
May 05, 2018  
**The Development of the Capacity to Love and Love Triangles.**  
This class will explore how the capacity to love develops over time and how it is derailed at different developmental stages. It will cover common disorders of falling and remaining in love. The case of a man in a love triangle, who felt literally "torn" by two loves, and the resolution of the love disorder through psycho-dynamic psychotherapy will be presented. Love disorders have disrupted the cultural and political life of our nation and psychoanalytic insight into love is therefore essential to all therapy."  
Stefan Pasternak, M.D.

Class 15  
May 19, 2018  
**The Frame and Issues of Boundaries in Everyday Clinical Work.**  
This class will discuss the crucial role of boundaries as an anchor for both safety and deepening in the clinical work. Patients challenge the frame and boundaries continually in myriad ways. This class will illustrate conceptual frameworks for grappling with boundary challenges and for using one’s countertransference responses as a means of understanding what is happening.  
Tamara Zec, M.D., Michelle Paley, M.D.

Makeup Class for Class 1
June 02, 2018

**Introduction to Core Psychoanalytic Concepts and Major Theoretical Frameworks in Psychoanalysis and Psychoanalytic Psychotherapy.**

*This class will provide an overview of 5 major theoretical traditions within psychoanalysis: Classical, Ego Psychology, Object Relations, Self-Psychology, and Relational Psychoanalysis. Students should gain a beginning understanding of differences and similarities among these various theoretical perspectives on the workings of the human mind.*

Lynne Harkless, Ph.D., Gina Joy Reyes, Psy.D., Michelle Paley, M.D.